

Dad's Green Hummus

Let's do
Lunch ^{2/22}

In a blender, combine and puree:



- 1 can garbanzo beans, (drain & reserve liquid to add if needed)
- 1/2 cup olive oil
- 1/3 cup tahini
- 1/2 bunch of cilantro
- 2 tsp lemon or lime juice
- 1/2 tsp cumin
- 1/2 tsp salt
- 2 oil-packed sundried tomatoes
- 1 clove garlic
- 1/2 jalapeno (seeded and de-ribbed if you don't like spicy)

Enjoy with tortilla chips & veggie dippers, or roll into a wrap with veggies, salad greens, and cheese!